

## March

### 16 HONORING ST. JOSEPH THE WORKER

In honor of our patron St. Joseph, the staff cordially invites you to join us at Eucharistic Liturgy as we celebrate this special day. We will pray for peace and healing for ourselves and for our world. Please call to register by March 13. SPACE WILL BE LIMITED TO 40 PEOPLE. Refreshments and Blessed Bread after the program.

Arrival: 10:30 a.m. Mass: 11:00 a.m.  
Presenters: Staff

Departure: 1:00 p.m.  
Donation

### 24-26 FOOTSTEPS IN THE GARDEN

Do you ever wonder what God is doing and has done in your life, even without your help? In scripture, God says, "You will be like a watered garden." (Is 58:11-12) The blooms in the garden of life take root in the silence. Although the garden needs tending and harvesting, often in our busyness, we miss the beauty that comes on its own and the footsteps of the One who scatters seeds of hope. This weekend offers you time to explore the gardens of your life. Eucharistic Liturgy included. No Supper on Friday.

Arrival: 5:00-6:00 p.m.  
Presenter: Ellen Murphy, AS, CSD

Departure: 1:00 p.m.  
Cost: \$375

## April

### 21-23 RESTORE AND RENEW

Relax and renew at the beautiful St. Joseph by the Sea retreat house at the Jersey shore. The weekend is the ideal getaway from a busy life. The program consists of daily gentle Asana practice, mediation, walks on the beach, fellowship and breath work. You will leave refreshed and better prepared to share your best self with your family and community. Massage therapy will be available. Eucharistic Liturgy included. No Supper on Friday.

Arrival: 5:00-6:00 p.m.  
Presenter: Avita Kennedy, RYT

Departure: 10:30 a.m.  
Cost: \$350

## May

### 5-7 WELLNESS WEEKEND FOR WOMEN

Come away to the quiet and serenity of the ocean and renew yourself in body, mind and spirit. Eucharistic Liturgy included. Massage and spiritual direction will be available. No Supper on Friday.

Arrival: 5:00-6:00 p.m.  
Presenter: Janice Santanello, M.Th., CLEM, CSG, CPC

Departure: 1:00 p.m.  
Cost: \$375

## June

### 4-10 SISTERS' SILENT RETREAT – PRIVATE OR DIRECTED

This week is set aside for those desiring time alone with God, rest and a walk on the beach. Exposition of the Blessed Sacrament, Eucharistic Liturgy and Reconciliation will be included. Supper will be served on Sunday at 5:30 pm.

Arrival: 3:00 p.m.  
Presenters: Staff and Visiting Directors

Departure: 11:00 a.m.  
Cost: \$575

*St. Joseph By The Sea*  
*A Retreat House at the Central Jersey Shore*  
**Office Hours: Monday - Friday 9am-2pm**  
**(732) 892-8494 • www.sjbsea.org**  
**sjbsea@comcast.net**

**The retreat house is closed from  
December 19, 2022 through January 2, 2023**

## November

### 4-6 WRAPPED UP! GOD'S TEN GIFTS FOR WOMEN

Based upon the book, Wrapped Up! God's Ten Gifts for Women, and accompanying journal by Cheryl Dickow and Teresa Tomeo. We will unwrap the special gifts of women as seen in the lives of Old Testament women. Eucharistic Liturgy included. No Supper on Friday.

Arrival: 5:00-6:00 p.m. Departure: 1:00 p.m.  
Presenter: Janice Santanello, M.Th., CLEM, CSG, CPC Cost: \$375

### 11-13 HEART OF THE MATTER – God hears us and knows the desires of our heart

Enjoy a weekend to pamper yourself with quiet time, prayer, guided meditation, reflections from Spiritual Masters, and celebration of Eucharistic Liturgy. Massage therapy will be available. All this, in a revitalizing comfortable environment at the Jersey shore. No Supper on Friday.

Arrival: 5:00-6:00 p.m. Departure: 1:00 p.m.  
Presenter: Sr. Jane Feltz, MPF Cost: \$325

### 15 FRIENDS OF BILL W. – An Evening for Sponsor/Sponsee

Sponsors bring your sponsee for an evening of fellowship. Dinner will be served at 6:00 p.m. A speaker presentation will follow.

Arrival: 5:30 p.m. Departure: 8:00 p.m.  
Speakers Cost: \$20

## December

### 8 QUIET BY THE FIRESIDE

This evening will provide the busy person an opportunity to contemplate Jesus, the Incarnate Word, through reflection in a quiet and prayerful environment. Christmas sing-along and refreshments after program. SPACE WILL BE LIMITED TO 40 PEOPLE. Please call in advance for reservations.

Arrival: 5:00 p.m. Departure: 8:00 p.m.  
Presenters: Staff Donation

## February 2023

### 17-19 COME TO THE QUIET – A SILENT RETREAT

Come and experience the shore in all its winter beauty! This weekend has been set aside for those desiring time alone with God. This retreat offers time for reflection; Eucharistic Liturgy and Exposition of the Blessed Sacrament will be included. Massage therapy will be available. No Supper on Friday.

Arrival: 5:00-6:00 p.m. Departure: 1:00 p.m.  
Presenters: Staff and Visiting Directors Cost: \$325

## September 2022

### 20 FRIENDS OF BILL W. – An Evening for Women in AA

Dinner and speaker. This event will occur once a month on the following dates: 9/20, 10/4, 11/8, 12/6, 1/10, 2/7, 3/7, 4/4, 5/9. For information and to register please contact Pat A. (732) 232-4346.

Arrival: 5:30 p.m. Departure: 8:00 p.m.  
Speakers Cost: \$20

### 9-15 BREATH OF GOD: A SILENT RETREAT

Come to the Jersey Shore to encounter your God in the silent atmosphere of a private or directed retreat. Eucharistic Liturgy and Exposition of the Blessed Sacrament will be included. Supper will be served on Friday, September 9 at 5:30 p.m.

Arrival: Friday, 4:00-5:00 p.m. Departure: Thursday, 11:00 a.m.  
Presenters: Staff and Visiting Directors Cost: \$600

## October

### 7-9 WOMEN OF THE BIBLE

Real women. Real struggles. Real faith. Through the stories of women in Scripture you will discover new insights and apply biblical lessons to your own modern day struggles. You will leave feeling challenged, encouraged, and deeply valued. Eucharistic Liturgy included. No Supper on Friday.

Arrival: 5:00-6:00 p.m. Departure: 1:00 p.m.  
Presenter: Janice Santanello, M.Th., CLEM, CSG, CPC Cost: \$375

### 17 IDOLS IN OUR LIVES

We are confronted with many idols in our life . . . idols which take us away from God. The talks enhanced by PowerPoint presentations will explore the idols of plans, ideas and media in our daily living. Lunch and Eucharistic Liturgy included.

Arrival: 9:00 a.m. Departure: 2:30 p.m.  
Presenter: Sr. Lucy Battistuz, MPF, BS, MS Cost: \$60

### 19 HOW BIG IS YOUR GOD?

What surprises in life have shown you the abundance of God? Where are the "pauses", the "graced moments" and the "prayerful experiences"? Is your God much bigger than you ever imagined? Join us as we seek our God in the surprises of life. Lunch and Eucharistic Liturgy included.

Arrival: 9:00 a.m. Departure: 2:30 p.m.  
Presenters: Ellen Murphy, AS, CSD  
Kathryn Rivera, RN Cost: \$60

### 20 WOMEN ON THE JOURNEY

Inspired by the painting "The Sainly Tea Party" of Brother Mickey McGrath, we will explore the lives of 10 holy women and the lessons we can learn from their lives. Lunch and Eucharistic Liturgy included.

Arrival: 9:00 a.m. Departure: 2:30 p.m.  
Presenter: Janice Santanello, M.Th., CLEM, CSG, CPC Cost: \$60

*St. Joseph By the Sea Registration Form*

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Email \_\_\_\_\_ Work Phone \_\_\_\_\_

Street \_\_\_\_\_ Cell Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Program Attending \_\_\_\_\_ Date \_\_\_\_\_

IF REGISTERING FOR RETREAT, PLEASE INDICATE : \_\_\_\_\_ DIRECTED \_\_\_\_\_ PRIVATE

*Enclosed is my non-refundable/non-transferable deposit of \$50.00*  
PLEASE MAKE CHECKS PAYABLE TO: ST. JOSEPH BY THE SEA  
Your cancelled check is your receipt.

**Office Use Only**  
Deposit Paid \_\_\_\_\_  
Check # \_\_\_\_\_  
Date Paid \_\_\_\_\_

**Mail Registration and Deposit To:**  
St. Joseph By the Sea  
400 Route 35 North  
S. Mantoloking, N.J. 08738



Institute of Religious Teachers Filippini  
 400 Route 35 North  
 South Mantoloking, N.J. 08738

Address Service Requested

*September 2022 - June 2023*

## Our Mission

St. Lucy Filippini, the foundress of the Religious Teachers Filippini, dedicated her life to education, particularly for women. She founded schools of Christian doctrine, gave Spiritual Exercises to women preparing for marriage, and taught the Word of God through instruction and retreat experiences. Her charismatic gift was “the wisdom of the Word” and she made every effort to spread the Word of God to everyone. She was a contemplative in action; all her actions stemmed from her union with God.

It is this spirit that the Religious Teachers Filippini wish to enliven at St. Joseph By the Sea. It is our aim to provide the atmosphere and means for the individual who comes here to “Let the Word of Christ, rich as it is, dwell in you.” (Col. 3:16). Having experienced quiet and solitude, one goes forward renewed and refreshed to incarnate God’s love and Word.

Programs are offered to enrich, renew and deepen one’s interior communication with the Lord in an atmosphere of prayer, quiet and solitude. The scenic environment of the Atlantic Ocean and Barnegat Bay provides additional contemplative space.

## Our Facilities

Fully air-conditioned, twenty-two private bedrooms, with full bath accommodations between rooms, and a handicapped accessible lift are available for retreatants.

The facilities also include a dining room with accommodations for forty people, a chapel, and a solarium. A large conference room, overlooking the ocean, is located on the second floor. There is also a Library for use during one’s stay. The Loft on the third floor overlooks the bay and invites one to “Come to the Quiet” to pray and reflect. There is direct access to the ocean from the house and easy access to Barnegat Bay.

St. Joseph by the Sea is the summer residence of the Religious Teachers Filippini.

Optional Service: Care Through Touch Ministry is offered by Maxine M. Bodson, SCMT/PT throughout the year. Call the office for more information.

## Directions to our Retreat House

### FROM GARDEN STATE PARKWAY SOUTH BOUND:

- Take **Exit 98** to **Route 34 SOUTH**.
- Follow **Route 34 SOUTH** thru **one traffic circle**.
- At Intersection of **Route 35** and **Route 70**, follow signs for **Route 35 SOUTH**
- Follow signs for **35 SOUTH - Seaside Heights, Point Pleasant**.
- Continue thru Point Pleasant, Bay Head, Mantoloking.
- At end of Mantoloking, Route 35 divides **continue** for **1.7 miles**.
- Turn **LEFT** at Sanderling St. (1st street after Brick Beach parking lot).
- Turn **LEFT** onto **35 NORTH** to #400 St. Joseph By the Sea is 1/2 mile on **RIGHT** side past Ocean Club Condos

### FROM GARDEN STATE PARKWAY NORTH BOUND:

- Take **Exit 82** to **Route 37 EAST**.
- After the bridge follow **35 NORTH and Pt. Pleasant** Signs.
- Go past Ocean Club Condos and Brick Beach.
- St. Joseph By The Sea is on the right #400.

### FROM THE WEST:

- Take **195 EAST**.
- Get off at **Route 34 SOUTH**.
- Follow **Route 34 SOUTH** thru **one traffic circle**.
- Follow directions above, as if traveling **SOUTH** from Garden State Parkway.

*Our retreat program ends on June 10, 2023  
 and resumes on September 5, 2023.  
 There are no retreats offered in the summer.*

## Staff

Sr. Brunilda Ramos, MPF, CSAC, NCAPS-II, Director  
 Sr. Dolores Bianchi, MPF  
 Sr. Jane Feltz, MPF  
 Lenore Molee Munson, Secretary

## Visiting Directors

Rev. John Bambrick, M.S.C.M.  
 Janice Santanello, M.Th., CLEM, CSG, CPC  
 Ellen Murphy, AS, CSD



400 Route 35 North  
 South Mantoloking, N.J. 08738

**Please Note:** In addition to these events sponsored by the Center, the Staff gives many days of prayer to parish groups, school faculties, Rosary-Altar groups, senior citizens organizations, AA, etc., which are not listed. There are some dates still available. Please call the office for more information.

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